



ANNUAL REPORT 2025



OFFICE & BOARD

BOARD OF DIRECTORS

Leigh Heide, chair

Grace Holwell, vice chair

Erin Hirtle, recording officer

Louise Hopper, treasurer

Kendra Ritcey

Nicole Byers

Amanda Williams

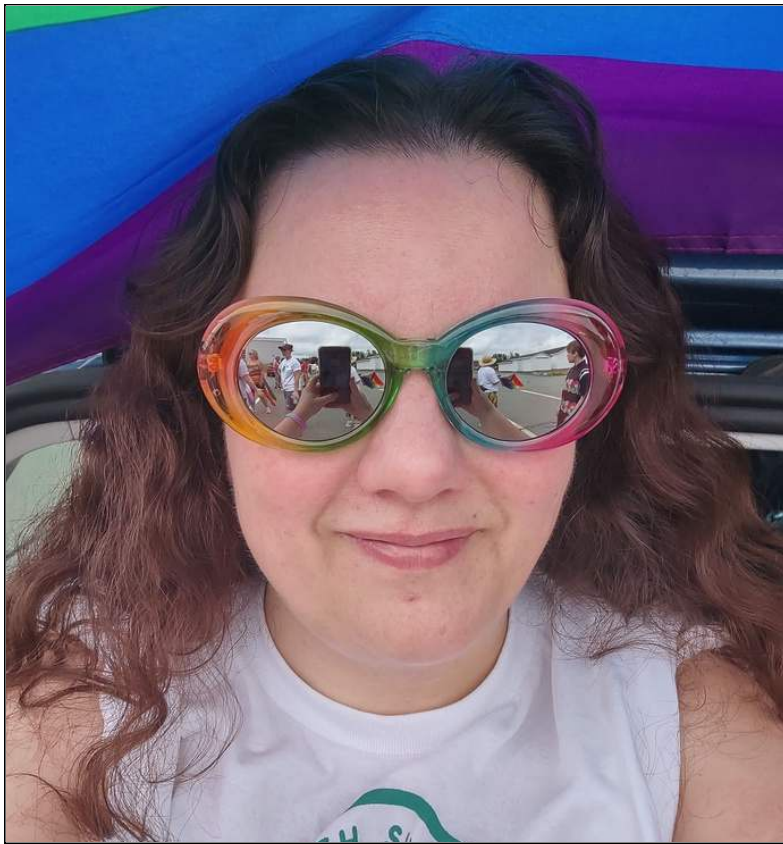
Celeste Torpedo

BriAnna Simons

Tony Lantz

Thank you to board member and former chair Kendra Ritcey, who has been with us for over 10 years. We can't thank you enough for your commitment to sexual health, equity & inclusion, and ensuring the well-being of staff! You're the best!





FROM YOUR ED

It has been a dramatic year for politics in both the U.S. and Canada. We continue to see an assault on the human rights of folks who are part of the 2SLGBTQAIP+ community. Thankfully in Canada, we were able to breathe a sigh of relief momentarily, but are still watching hate crimes increase, intimate partner violence explode, and more people openly expressing bigoted statements. Although our work often focuses on the nuts and bolts of sexual health (and condoms), the reality is that we continue to work with many partners to ensure that our communities are safe for all genders and sexualities.

We are so lucky to live in an area where collaboration is the norm. Where we all work to address the many social determinants of health. Times are hard and we are ready to do all the things we can to help make things a bit easier for folks.

Thank you for being part of our story.

Julie Veinot

Executive Director & Sex Educator



IMPACT

326

clients served

47

folks supported to
find infection testing

89

menstrual cups
distributed

84

pieces of gender-
affirming gear
distributed

12

folks supported
around abortion,
adoption, or parenting

12

folks supported to
find a Pap test

78

packages of tampons
and pads distributed

24

presentations and
workshops delivered
in our community

315

program participants
in schools or
community groups or
corporations

5089

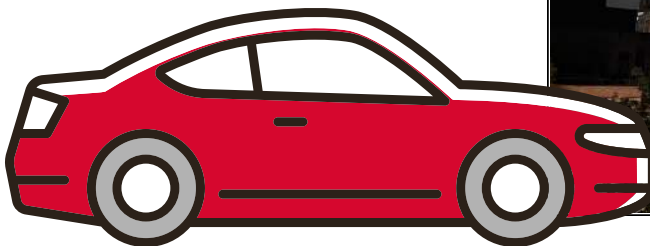
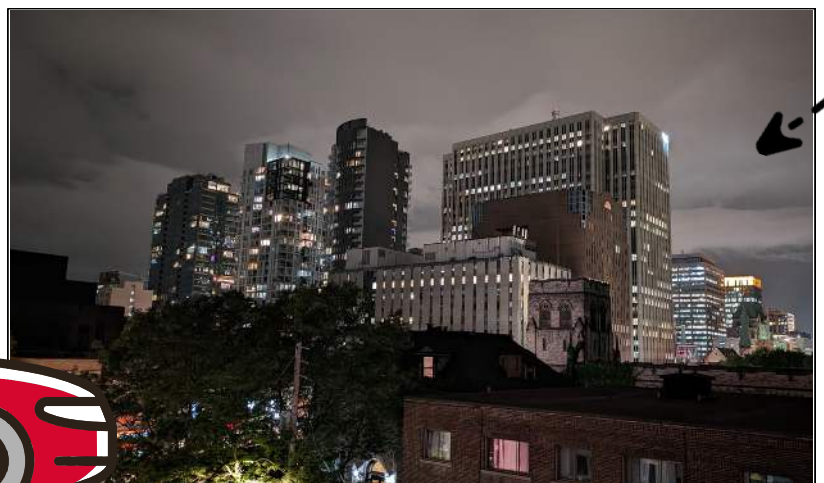
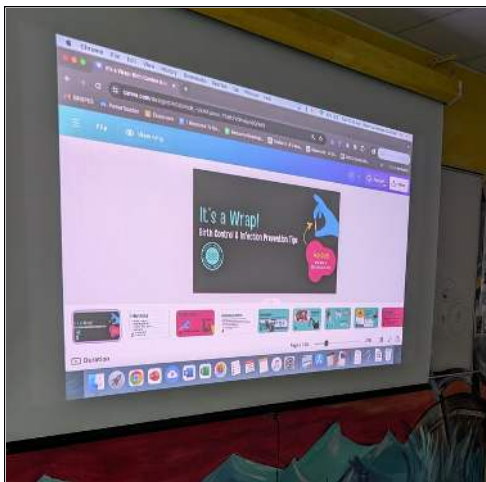
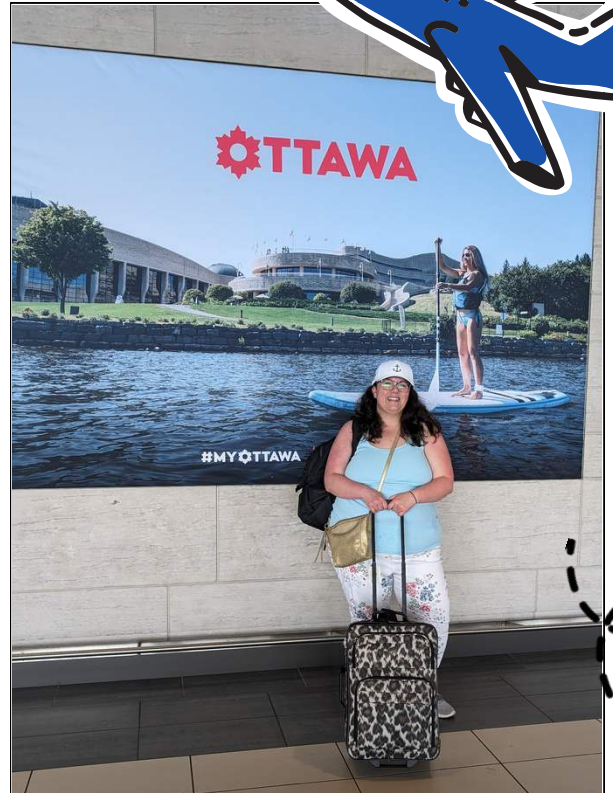
safer sex supplies
distributed including dams,
lube, and internal condoms

*"We appreciate your contribution in making this day happen.
Your support helps us create a more inclusive world"*

"On behalf of our girls and ourselves, thank you so much for last night! You were so great with the girls. Your comfort level with the topic, I am sure helped the girls be more comfortable."

OUT AND ABOUT

We often collaborate with partners to participate in important events, conferences, and other gatherings. Here are some shots of us in the community doing the things.



SEXUAL HEALTH OUTREACH

Sometimes people come to the sexual health centre on Logan Road... sometimes we come to you! Our collaboration with South Shore Public Libraries offers us the opportunity to hang out and do crafts every month. Button making was a huge hit!



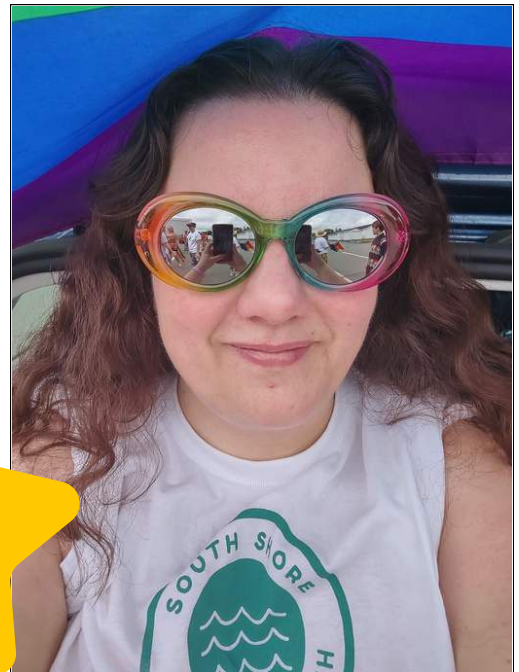
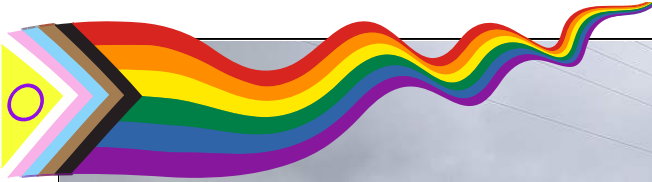
READING WITH ROYALTY

We never turn down an opportunity to show up at a drag queen and drag king event! We were happy to support the first Reading with Royalty at Thomas Raddall Library in Liverpool. And, of course, we were able to meet royalty again in Bridgewater!



PRIDE SEASON

June or July? We celebrate Pride all summer long thanks to the growing array of flag raisings, parades, and events! We hope to see you there in 2025, so put on your favourite rainbow gear and get out there.



THE LITTLE CLOSET THAT COULD

Despite starting as a one-time grant in 2020 (yeah, that year) The Transformation Closet continues to thrive and expand provincially thanks to the very, very generous support of the Rural Communities Foundation of Nova Scotia as well as private donors.



PERIOD POVERTY

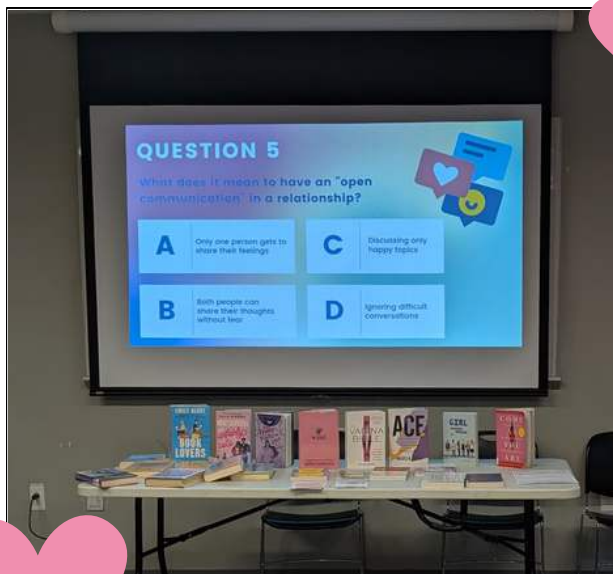
Thanks to our friends at Sobeys, we received a massive donation of period products. As you can see, generous is the least we can say about the massive cart full of menstrual items that barely fit in our car! Donations like these help keep the pantry full so we can lessen the burden of period poverty. We also continue to distribute Diva cups from our partners at Diva Cares. This year we gave out 89! Thanks y'all!



DIVA CARES™
DIVA INTERNATIONAL INC

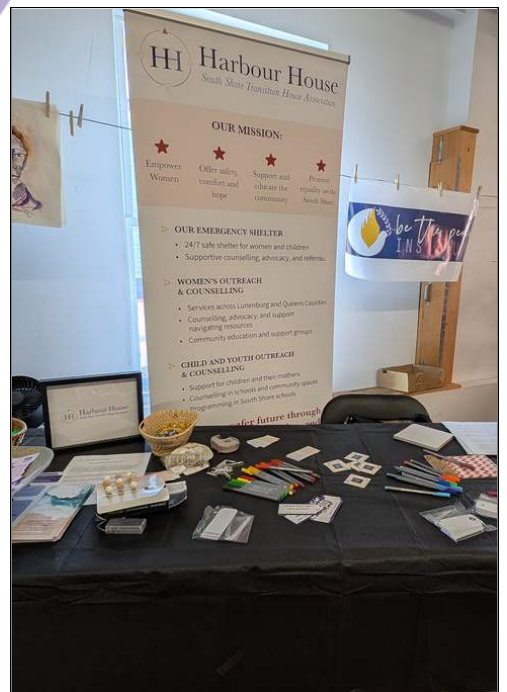
TRIVIA NIGHT

In partnership with IMWAH (Immigrant Migrant Women's Association of Halifax, Harbour House, and Second Story) we held a trivia night for newcomer women and gender diverse folks at the Lunenburg County Lifestyle Centre. Thanks to Charity from South Shore Public Libraries for the great book suggestions!



INTIMATE PARTNER VIOLENCE

Given the rise in intimate partner violence in Nova Scotia, it's important for us to raise awareness about its prevalence and most importantly, how we can work together to stop it. This included participating in a panel series about violence and harassment in politics to ensure that everyone feels safe to run in an increasingly hostile environment. We also attended Be The Peace Institute's two day conference at Oak Island, and helped organize an International Women's Day event in Lunenburg with our many partners as seen in the group photo below.



GROWING UP

Thanks to very generous funding from the Government of Canada's Recovery Fund, as well as funding from the Rural Communities Foundation of Nova Scotia, we have been working hard to create a "from scratch" policy manual that reflects our equitable values. We also thank Pat Hirtle for facilitating a strategic planning session for us, resulting in a draft of our first strategic plan... ever! When funding is abundant and stable, we're able to focus on building our organization and not just surviving. Thank you to those who are helping in our governance revamp, including Simply Good Form consultancy!

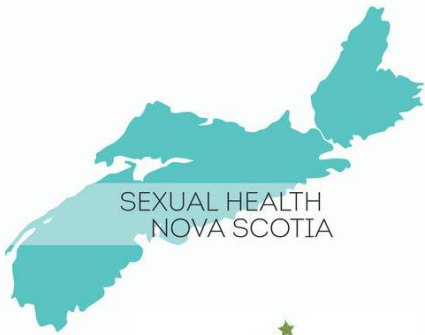


**Government
of Canada**



PARTNERS & FUNDERS

On the South Shore, we are lucky to work with many awesome partners and collaborators. Here are a few. Please note the size of the logo does not indicate the size of the collaboration or funding.





THANS
Transition House Association of Nova Scotia



Transgender/Non-Binary Rights Advocacy Nova Scotia



2SLGBTQIA+ Health | HIV Support For All



**Impact Organizations
of Nova Scotia**



cbrc

Community-Based Research Centre



THE MUNICIPALITY OF
CHESTER



Government of Nova Scotia



LUNENBURG COUNTY
Community Health Board



Community Health Board



DIVA CARES™

DIVA INTERNATIONAL INC

nscc



South Shore

Regional Centre for Education

Your logo
here?



Underworks

CLOSING

We wanted to mark the passing of our former chair Greg Selig. Greg was a teacher at New Germany High for many years, teaching science to junior high students full of energy and hormones. He also organized the New Germany Wellness Fair, which we attended on many occasions including the one from which this photo is taken. Rest easy.



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